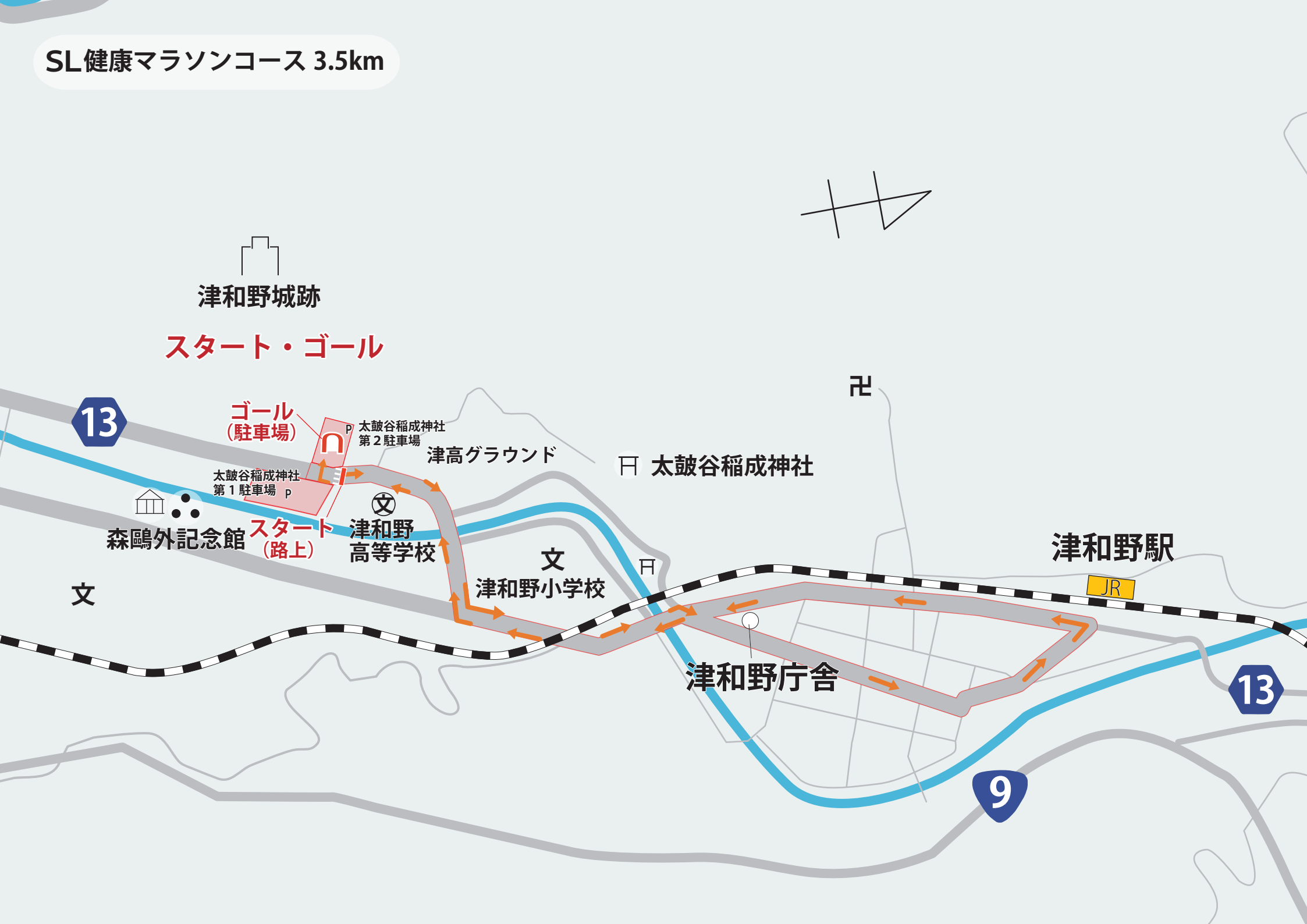SL健康マラソンコース 3.5km